

## 2008 USA Diving Summer Junior Zone Championships Zone – A

(Sanction # 03-106)

- Location:** Nassau County Aquatic Center  
Eisenhower Park: East Meadow, New York 11554  
Long Island, New York at Merrick Ave. & Stewart Ave.  
(516) 572- 0501 or (516) 572- 0502 Pool Information
- Event:** July 10 – July 13, 2008  
Open Warm – Ups: July 9, 2008 from 1pm – 6pm  
Diving meet is \$30.00 per event per person  
One-time late fee: \$30 payable to the meet host  
Late dive sheets will be assessed at \$15 fee per sheet payable to the meet host  
Register online at [www.divemeets.com](http://www.divemeets.com) .
- Meet Director:** George Taylor III and LID Parents.  
(516) 565-2750 home (516) 697-1678 cell  
Email: [Gt3usmc@aol.com](mailto:Gt3usmc@aol.com)
- Coaches:** A reminder that you must meet all USA Diving safety certification requirements to be allowed on deck at USA Diving events. This will be strongly enforced in 2008. For more information on the requirements, please [click here](#). To see when safety training classes are offered, [click here](#).
- Facility:** Two 1-meter “cheese boards” (16 ft maxi-flex model B on Concrete Stands)  
Two 3-meter “cheese boards” (16 ft maxi-flex model B on Concrete Stands)  
1, 3, 5, 7.5, & 10 meter platforms
- Refreshments:** Concession Stand and many food restaurants within the area.  
Food will be provided for the coaches on deck.

### **(WEDNESDAY, JULY 9, 2008)**

**OPEN WARM – UPS : 1PM – 6PM**

**THURSDAY:** Warm-ups: 7:00a.m. – 8:30a.m. First event: 8:30am – 8:50a.m. Event starts at 9:00a.m.

16-18G 1M/ 11-UB 3M  
12-13B PLAT/ 14-15B 1M  
14-15G 3M/ 11-UG 1M  
12-13G PLAT/ 16-18B 1M

**FRIDAY:** Warm-ups: 7:00a.m. – 8:30a.m. First event: 8:30am – 8:50a.m. Event starts at 9:00a.m.

11-UB 1M/ 12-13G 3M  
14-15B PLAT/ 16-18G 3M  
16-18B 3M/ 12-13B 1M

**SATURDAY:** Warm-ups: 7:00a.m. – 8:30a.m. First event: 8:30am – 8:50a.m. Event starts at 9:00a.m.

11-UB PLAT/ 12-13G 1M  
11-UG PLAT/ 14-15G 1M  
16-18G PLAT/ 14-15B 3M

**SUNDAY:** Warm-ups: 7:00a.m. – 8:30a.m. First event: 8:30am – 8:50a.m. Event starts at 9:00a.m.

14-15G PLAT/ 11-UG 3M  
12-13B 3M/ 16-18B PLAT

**Hotels:**

THS Company, the Official Housing Service for USA Diving, has reserved hotel room blocks close to the venue at very good rates. To make hotel reservations, please click on the following link:

<http://www.ths-usad.com>

You can also make reservations by calling THS at 888-536-TEAM (8326)

**Restaurants and Stores:**

**Hempstead Tpke (South of the Pool):**

McDonalds, Wendy's, Borelli's, Burger King, Hooters, Coliseum Deli.

**Merrick Ave. (Road in front of Pool):**

Bertucci's (Pizza Restaurant), Houlihans, Fridays, Chili's, Cozymel, Applebee's, Macaroni Grill, Dunkin Doughnuts, Starbucks.

**Old Country Road (North of Pool):**

Benihana's, Wendy's, Olive Garden, Ruby Tuesday's, Spazzo's, Ruth Chris Steak House, Various Diners, Pancake House, McDonalds, Burger King, Pizza Hut, Cheesecake Factory, Ice Cream shops, and various Deli's.

**Roosevelt Field Shopping Mall (West of Pool):**

Houston's, Legal Sea Food, Grand Lux Café, Roosevelt Field Movie Theatre.

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