

**USA Diving Spring Region I Championships**  
**March 26<sup>th</sup> – 28<sup>th</sup> 2010**

**Time Line**

**March 26th Friday**

*Open Warm-up 12pm to 3:30pm*

		<i>Event Warm-up</i>	<b>3:30pm-4pm</b>	
<b>Event 1</b>	<b>12-13 G 1M</b>	<b>Event 2</b>	<b>12-13 B 3M</b>	<b>4pm-5:45pm</b>
		<i>Event Warm-up</i>	<b>5:45pm-6:15pm</b>	
<b>Event 3</b>	<b>9 &amp;U/11 &amp; U G 1M</b>	<b>Event 4</b>	<b>9 &amp;U /11&amp; U B 3M</b>	<b>6:15pm-7pm</b>

*Open Warm-up: At Conclusion of Meet until 9pm*

**Coaches Meeting : 7pm** Pool will remain open during meeting as long as divers have a coach on deck.

**March 27th Saturday**

*Open Warm-up 7am to 8:30am*

		<i>Event Warm-up</i>	<b>8:30am-9am</b>	
<b>Event 5</b>	<b>9 &amp;U /11 &amp; U B 1M</b>	<b>Event 6</b>	<b>9 &amp;U /11 &amp; U G 3M</b>	<b>9am-9:50am</b>
		<i>Event Warm-up</i>	<b>9:50am-10:50am</b>	
<b>Event 7</b>	<b>16-18 G 3M</b>	<b>Event 8</b>	<b>16-18 B 1M</b>	<b>10:50am-1:50pm</b>
		<i>Event Warm-up</i>	<b>1:50pm- 2:50pm</b>	
<b>Event 9</b>	<b>14-15 G 3M</b>	<b>Event 10</b>	<b>14-15 B 1M</b>	<b>2:50pm- 4:05pm</b>

*Open Warm-up: At Conclusion of Meet until 9pm*

**March 28th Sunday**

*Open Warm-up 7am to 8am*

		<i>Event Warm-up</i>	<b>8am-9am</b>	
<b>Event 11</b>	<b>12-13 B 1M</b>	<b>Event 12</b>	<b>12-13 G 3M</b>	<b>9am-10am</b>
		<i>Event Warm-up</i>	<b>10am-11am</b>	
<b>Event 13</b>	<b>16-18 B 3M</b>	<b>Event 14</b>	<b>16-18 G 1M</b>	<b>11am-2:30pm</b>
		<i>Event Warm-up</i>	<b>2:30pm-3:30pm</b>	
<b>Event 15</b>	<b>14-15 B 3M</b>	<b>Event 16</b>	<b>14-15 G 1M</b>	<b>3:30pm-5:10</b>